GET HEALTHY LINCOLN!
MAP & APP

Healthy Rx Program

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OUTLINE

- Background
- Purpose
- Process
- Get Healthy Lincoln! Map
- Get Healthy Lincoln! App
- What’s Next?
- Questions
2016 Community Health Assessment Priorities & Action Plans

Implementation Goals for Mental Health and Chronic Disease Priorities:

- Increase the # of providers that prescribe their patients Park Rx and/or Farmers Market Rx to encourage healthy outdoor activity, healthful eating and improve overall wellness to prevent or positively impact chronic disease conditions.

- Increase the # of providers that prescribe their patients Park Rx to encourage healthy outdoor activity and improve overall wellness to positively impact mental health status.

(verses using medications when appropriate)

<table>
<thead>
<tr>
<th>Priority</th>
<th>Strategy</th>
<th>Implementation Goal</th>
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<tbody>
<tr>
<td>Substance Abuse</td>
<td>Education</td>
<td>Provide age appropriate education to all community members including general information, resources, and treatment.</td>
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<tr>
<td></td>
<td>Awareness</td>
<td>Provide education to stakeholders in an effort to improve whole community relations regarding the substance abuse issue in our county.</td>
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<tr>
<td>Mental Health</td>
<td>Healthy Social Interactions</td>
<td>Provide child, youth, and family education regarding internet and social media safety, interpersonal relationships, and positive behaviors.</td>
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<tr>
<td></td>
<td>Education</td>
<td>Provide age appropriate education to all community members including general information, resources, and treatment.</td>
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<tr>
<td></td>
<td>Awareness</td>
<td>Provide education to all community members in an effort to reduce the stigma associated with mental health disorders.</td>
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<td>Chronic Disease</td>
<td>Education</td>
<td>Provide education and resources to assist community members in selecting a primary care physician (PCP) if needed.</td>
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<td>Prevention</td>
<td>Provide age appropriate preventative health and wellness screening opportunities to community members.</td>
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PURPOSE

- To create a county-wide resource to help make people aware of physical activity and nutritional opportunities available to them.
Adapted Community Health Action Plans to support a Parks Rx Program (potentially a Farmers Market Rx Program in the future).

Gathered Evidence Based research to support the creation of a resource to support the Parks Rx Program.

Gathered existing examples from other agencies that have already created similar community resources to guide our process.

Compiled the health and recreation data for the map.

Presented the idea to the Lincoln County Wellness Committee and assembled project team.

Coordinated design of the Get Healthy Lincoln! Map and App with the GIS/Mapping Department.

Disseminated completed map and app to county employees and the public.

Information is updated as needed
GET HEALTHY LINCOLN MAP
GET HEALTHY LINCOLN APP

- https://arcgisserver.lincolncounty.org/gethealthy/
WHAT’S NEXT?

- Implementing Parks Rx Pilot Program at Lincoln County Health Department
- Continue to share Get Healthy Lincoln! Map and App in the community
- App is a great tool because it can be edited as needed
QUESTIONS??