

# GET HEALTHY LINCOLN! MAP & APP

Healthy Rx Program

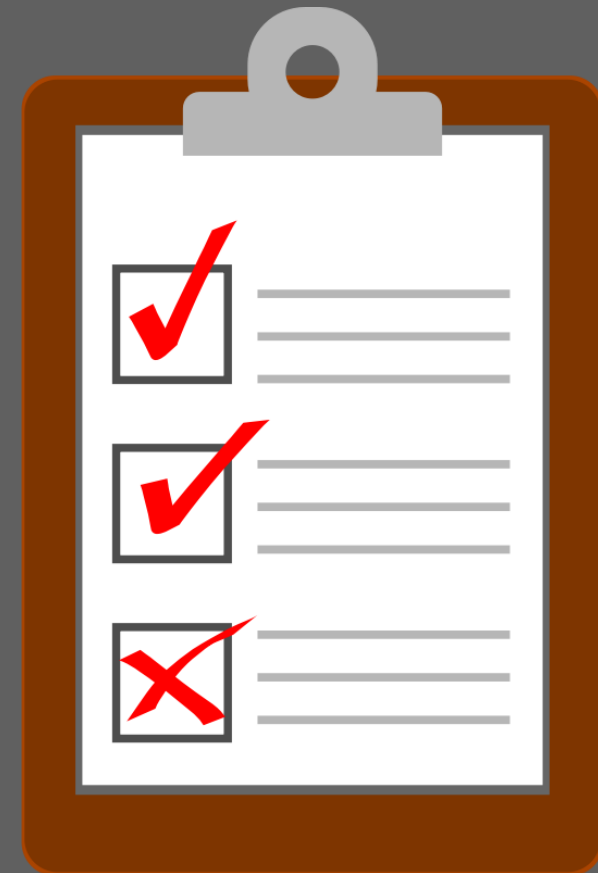


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Community Health Manager

# OUTLINE

- Background
- Purpose
- Process
- Get Healthy Lincoln! Map
- Get Healthy Lincoln! App
- What's Next?
- Questions



# BACKGROUND

## 2016 Community Health Assessment Priorities & Action Plans

### Implementation Goals for Mental Health and Chronic Disease Priorities:

- **Increase the # of providers that prescribe their patients Park Rx and/or Farmers Market Rx to encourage healthy outdoor activity, healthful eating and improve overall wellness to prevent or positively impact chronic disease conditions.**
- **Increase the # of providers that prescribe their patients Park Rx to encourage healthy outdoor activity and improve overall wellness to positively impact mental health status.**

**(verses using medications when appropriate)**

Priority	Strategy	Implementation Goal
Substance Abuse	Education	Provide age appropriate education to all community members including general information, resources, and treatment.
	Awareness	Provide education to stakeholders in an effort to improve whole community relations regarding the substance abuse issue in our county.
Mental Health	Healthy Social Interactions	Provide child, youth, and family education regarding internet and social media safety, interpersonal relationships, and positive behaviors.
	Education	Provide age appropriate education to all community members including general information, resources, and treatment.
	Awareness	Provide education to all community members in an effort to reduce the stigma associated with mental health disorders.
Chronic Disease	Education	Provide education regarding recommended well-care visits and age appropriate preventative health and wellness screenings to all community members.
		Provide education and resources to assist community members in selecting a primary care physician (PCP) if needed.
	Prevention	Provide education regarding healthy eating and physical activity to all community members.
	Prevention	Provide age appropriate preventative health and wellness screening opportunities to community members.

# PURPOSE

- To create a county-wide resource to help make people aware of physical activity and nutritional opportunities available to them.

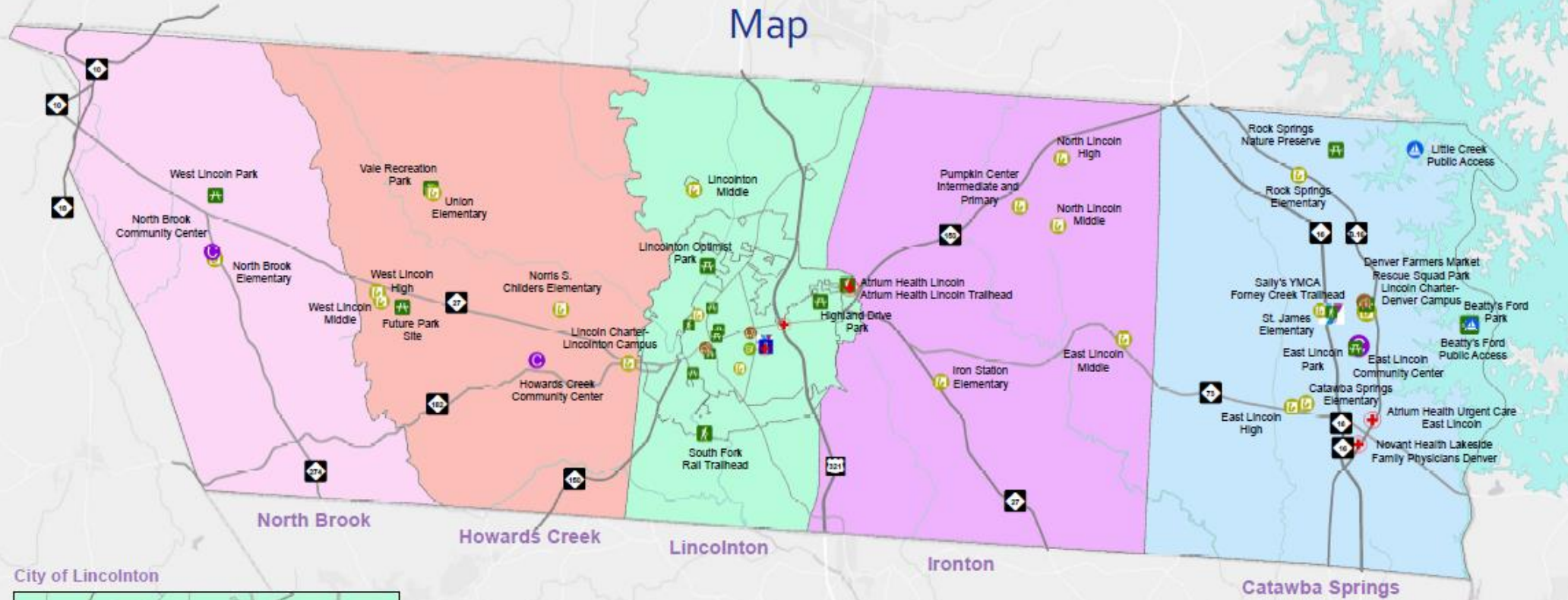
# PROCESS

- Adapted Community Health Action Plans to support a Parks Rx Program (potentially a Farmers Market Rx Program in the future).
- Gathered Evidence Based research to support the creation of a resource to support the Parks Rx Program.
- Gathered existing examples from other agencies that have already created similar community resources to guide our process.
- Compiled the health and recreation data for the map.
- Presented the idea to the Lincoln County Wellness Committee and assembled project team.
- Coordinated design of the Get Healthy Lincoln! Map and App with the GIS/Mapping Department.
- Disseminated completed map and app to county employees and the public.
- Information is updated as needed

GET HEALTHY LINCOLN MAP

# Get Healthy Lincoln

## Lincoln County, North Carolina Map



City of Lincolnton



Created By:

Lincoln County  
Tax Department GIS  
Printable Map: [www.lincolncounty.org](http://www.lincolncounty.org)  
Interactive Map: <https://bit.ly/2Iaesop>

Supported By:



- Medical Facility
- Trailhead
- Park
- School
- Farmers Market
- Community Center
- Boat Access
- YMCA
- Senior Services
- Informational Facility



Supported By:



Created By:

Lincoln County Tax Department

Printable Map: [www.lincolncounty.org](http://www.lincolncounty.org)

Interactive Map: <https://bit.ly/2Jaesop>

	Picnic Shelter		Pool
	Exercise Classes		Splash Pad
	Senior Programs		Walking Track
	Disc Golf		Basketball
	Tennis Court		Fitness Center/Station
	Pickle Ball Courts		Athletic Field
	River Access		Playground
	Racquetball		Walking Trail
	Baseball Fields		Biking Trail
	Event Space		Sand Volleyball
	Storywalk		Amphitheater
	Day Camp		Informational Facility
	Fishing Access		

Township of Lincolnton		
Atrium Health Lincoln Trailhead		433 McAlister Rd., Lincolnton, NC 28092
Betty G. Ross Park * (704) 735 - 2671		800 S. Madison St., Lincolnton, NC 28092
City Park * (704) 735 - 2671		1000 N. Aspen St., Lincolnton, NC 28092
First Federal Park * (704) 735 - 2671		201 N. Poplar St., Lincolnton, NC 28092
Highland Drive Park * (704) 735 - 2671		2770 Highland Dr., Lincolnton, NC 28092
Lincoln County Board of Education		201 Jeb Seagle Dr., Lincolnton, NC 28092
Lincoln County Parks and Recreation * (704) 748 - 1518		206 D Gamble Dr., Lincolnton, NC 28093
Lincoln County Senior Center * (704) 732 - 9053		612 Center Dr., Lincolnton, NC 28092
Lincoln County YMCA * (704) 716 - 4500		1402 E. Gaston St., Lincolnton, NC 28092
Lincolnton Optimist Park * (704) 748 - 1518		1600 Startown Rd., Lincolnton, NC 28092
Lincolnton (Lentz) Recreation Center * (704) 735 - 2671		800 S. Madison St., Lincolnton, NC 28092
Marcia Cloninger Rail Trailhead * (704) 735 - 2671		209 W. Congress St., Lincolnton, NC 28092
McBee Street Park * (704) 748 - 1518		311 E. McBee St., Lincolnton, NC 28092
Ramsour's Mill Trailhead * Lincoln County Historical Association (704) 748 - 9090		402 Jeb Seagle Dr., Lincolnton, NC 28092
South Fork Rail Trailhead * carolinathreadtrail.org		2677 Laboratory Rd., Lincolnton, NC 28092

Medical Facilities		
Atrium Health Lincoln 24 Hours	433 McAlister Rd., Lincolnton, NC 28092	(980) 212 - 2000
Atrium Health Urgent Care East Lincoln Monday - Sunday 8am - 8pm	275 N. NC 16 Business Hwy., Denver, NC 28037	(980) 212 - 7000
Atrium Health Urgent Care Lincolnton Monday - Sunday 8am - 8pm	1802 E. Main St., Lincolnton, NC 28092	(980) 212 - 2610
Gaston Family Health Services (Helping Hands) Monday - Friday 8am - 5pm	212 Gamble Dr., Lincolnton, NC 28092	(704) 735 - 7145
Lincoln County Health Department Monday - Friday 8am - 5pm	200 Gamble Dr., Lincolnton, NC 28092	(704) 735 - 3001
Novant Health Lakeside Family Physicians Denver Monday - Friday 8am - 8pm Saturday - Sunday 8am - 6pm	269 Gilman Rd., Denver, NC 28037	(704) 316 - 4930

Township of North Brook		
North Brook Community Center * (704) 748 - 1518		568 Hwy. 274, Vale, NC 28168
West Lincoln Park * (704) 748 - 1518		369 Hulls Grove Church Rd., Vale, NC 28168

Township of Howards Creek		
Howards Creek Community Center * (704) 748 - 1518		494 Howards Creek School Rd., Lincolnton, NC 28092
Vale Recreation Park * (704) 748 - 1518		4875 Reepsville Rd., Vale, NC 28168

Township of Catawba Springs		
Beatty's Ford Boat Access		9124 Unity Church Rd., Denver, NC 28037
Beatty's Ford Park * (704) 748 - 1518		8335 Shipley Ln., Denver, NC 28037
East Lincoln Community Center * (704) 483 - 8980		8160 Optimist Club Rd., Denver, NC 28037
East Lincoln Park * (704) 748 - 1518		8160 Optimist Club Rd., Denver, NC 28037
Fomey Creek Trailhead * carolinathreadtrail.org		1601 Fomey Creek Pkwy., Denver, NC 28037
Little Creek Public Access		4906 Burton Ln., Denver, NC 28037
Rescue Squad Park * (704) 748 - 1518		7835 Galway Ln., Denver, NC 28037
Rock Springs Nature Preserve * (704) 748 - 1518		6684 Pine Ridge Dr., Denver, NC 28037
Sally's YMCA * (704) 716 - 7300		1601 Fomey Cree Pkwy., Denver, NC 28037

Farmers Markets		
Denver Farmers Market April - November Saturdays 8am - 12 noon	7835 Galway Ln., Denver, NC 28037	
Lincolnton Farmers Market April - November Saturdays 8am - 12 noon	225 W. Water St., Lincolnton, NC 28092	
Farmers Market at DGS April - November Tuesday and Thursday 8am - 12 noon	1135 E. Main St., Lincolnton, NC 28092	

Lincoln County School System • www.lcsnc.org		
Township of Lincolnton		
Battleground Elementary		301 Jeb Seagle Dr., Lincolnton, NC 28092
Lincolnton High		803 N. Aspen St., Lincolnton, NC 28092
Lincolnton Middle		2361 Startown Rd., Lincolnton, NC 28092
S. Ray Lowder Elementary		350 Kennedy Dr., Lincolnton, NC 28092
Township of North Brook		
North Brook Elementary		642 Hwy. 274, Vale, NC 28168
Township of Howards Creek		
Lincoln Charter - Lincolnton Campus		133 Eagle Nest Rd., Lincolnton, NC 28092
Norris S. Childers Elementary		2595 Rock Dam Rd., Lincolnton, NC 28092
Union Elementary		4875 Reepsville Rd., Vale, NC 28168
West Lincoln High		172 Shoal Rd., Lincolnton, NC 28092
West Lincoln Middle		260 Shoal Rd., Lincolnton, NC 28092
Township of Ironton		
East Lincoln Middle		4137 Hwy. 73, Iron Station, NC 28080
Iron Station Elementary		4207 Hwy. 27 E., Iron Station, NC 28080
North Lincoln High		2737 Lee Lawing Rd., Lincolnton, NC 28092
North Lincoln Middle		1503 Amity Church Rd., Denver, NC 28037
Pumpkin Center Intermediate		3980 King Wilkinson Rd., Lincolnton, NC 28092
Pumpkin Center Primary		3970 King Wilkinson Rd., Lincolnton, NC 28092
Township of Catawba Springs		
Catawba Springs Elementary		206 N. Little Egypt Rd., Denver, NC 28037
East Lincoln High		6471 Hwy. 73, Denver, NC 28037
Lincoln Charter - Denver Campus		7834 Galway Ln., Denver, NC 28037
Rock Springs Elementary		3633 N. NC 16 Business Hwy., Denver, NC 28037
Saint James Elementary		1774 Saint James Church Rd., Denver, NC 28037

\* School facilities are only available outside of school hours and extra-curricular school activities. School playgrounds are used informally by the children of the community and by organized community groups during non-school hours. Although the playgrounds are open, the schools assume no liability in connection with their use, and any unauthorized person(s) causing damage to the school facilities is subject to prosecution. Horses, motorbikes, motor scooters, go-carts, etc., are not to be operated on school playgrounds at any time. Lincoln County schools are drug-free, alcohol-free, gun-free and tobacco-free facilities. (<http://boardpolicyonline.com/754-lincoln/>)

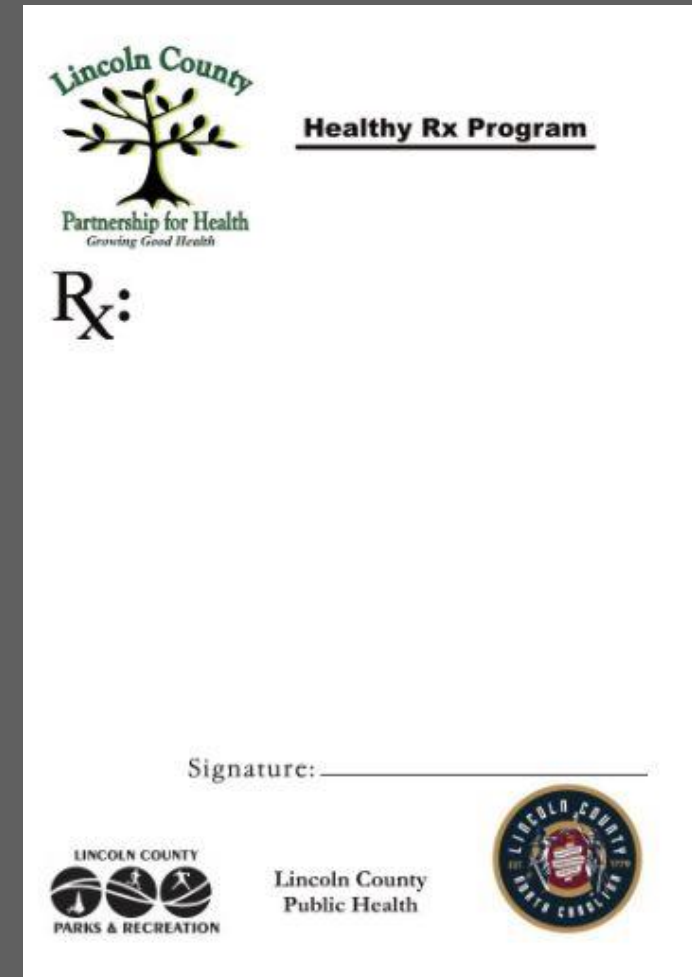


# GET HEALTHY LINCOLN APP

- <https://arcgisserver.lincolncounty.org/gethealthy/>
- <https://bit.ly/2laesop>

# WHAT'S NEXT?

- Implementing Parks Rx Pilot Program at Lincoln County Health Department
- Continue to share Get Healthy Lincoln! Map and App in the community
- App is a great tool because it can be edited as needed



# QUESTIONS??

