

## 2019 Training Schedule

### April 2019 Trainings

#### Building Better Caregivers

#### Lay Leader Training

April 2, 3, 4, and 5, 2019

9am—4pm daily

### May 2019 Trainings

#### Living Healthy

#### Lay Leader Training

May 2, 3, 9, and 10, 2019

9am—4pm daily

### June 2019 Trainings

#### Living Healthy with Diabetes

#### Lay Leader Cross Training

*(You MUST be a certified Living Healthy Leader to participate in 2-day Cross Training)*

June 3 and 4, 2019

9am—4pm daily

### July 2019 Trainings

#### Tomando Control de su Salud

#### Lay Leader Training

July 18, 19, 25, and 26, 2019

9am—4pm daily

*\*Training will be held at ~*

Concord Community Free Clinic, 528  
Lake Concord Rd, NE, Concord, NC

### August 2019 Trainings

#### A Matter of Balance

#### Coach Training

To register or for additional information, please contact Angel Vanover at 980-521-3935 or [astoy@centralina.org](mailto:astoy@centralina.org).

Also, feel free to visit our website at

[www.centralinaaging.org](http://www.centralinaaging.org)

**Fee** ~ Volunteers ~ no charge for trainings, if teaching in Centralina's region (*Anson, Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, and Union counties*). Leaders associated with professional organizations ~ no charge for trainings however, will be charged cost of training if a workshop is not conducted within 12 months of certification.

There is a \$300 charge for 4-day trainings and a \$150 charge for 2-day trainings for those attendees outside Centralina's nine county region.

**Location** ~ All training are held at Centralina AAA, 9815 David Taylor Drive, Suite 100, Charlotte, NC