

Who is my LCA?

The Centralina Area Agency on Aging is the Local Contact Agency for Region F which includes the following counties:

- Anson
- Cabarrus
- Gaston
- Iredell
- Lincoln
- Mecklenburg
- Rowan
- Stanly
- Union



If you have questions for the LCA in these counties call:

800-508-5777

or 704-348-2726

The Local Contact Agency works in partnership with:



Community Resource Connections



**Exploring
Options
For
Community
Living
&
The Local
Contact
Agency**

*A quick reference
guide to the Local
Contact Agency in
your community*

Why does the nursing home staff ask me if I want to talk to someone about returning to the community?

The nursing home staff is required to ask you questions about your care. One question they will ask is, “Do you want to talk to someone about the possibility of returning to the community?”

Saying “yes” tells the staff that you want more information. It doesn’t mean you have to leave the nursing home.

What will happen if I ask to speak with someone about returning to the community?

The nursing home staff will call the Local Contact Agency (LCA). The Local Contact Agency will call or visit you.

What does the LCA do?

- Uses a team approach to transition planning by working with you, the Nursing Home Staff and those who support you (family or friends)
- Meets with you to discuss the feasibility of transition
- Collaborates with you and Nursing Home Staff to incorporate independent living skills into your care plan
- Shares information and assists with identifying community based resources needed for a safe and successful transition
- Provides follow-up with you and staff on your progress leading up to the transition process

LCA Counselor for Region F

Elisa Gregorich
704-348-2726 or
egregorich@centralina.org

Your Nursing Home Social Worker/Discharge Planner:

Your Local Ombudsman (Resident Advocate)

Call: 800-508-5777